

QUICK START GUIDE



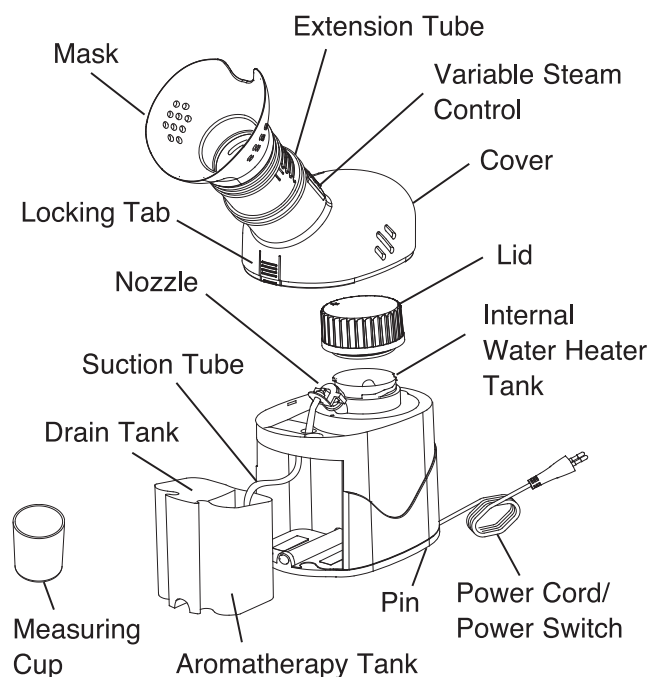
Steam Inhaler

Item #40-741-000

IMPORTANT: Please refer to the Steam Inhaler Guidebook for further details and instructions.

- 1) BEFORE USE, wash aromatherapy/drain tank, cover, extension tube and mask in warm water and a mild detergent. Thoroughly rinse with hot water and allow to completely dry. **Never submerge the main unit in water.**
- 2) Place the inhaler on a flat surface with the mask facing towards you.
- 3) Gently remove the cover while depressing the locking tab.
- 4) Remove the lid off the internal water heater tank by turning it counterclockwise.
- 5) Using the included measuring cup, fill the water heater tank with approximately 25 mL of tap water. **DO NOT OVERFILL. IMPORTANT: Do not use anything except water in the heater tank.**
- 6) Replace the lid on the heater tank and fully secure by turning clockwise.
- 7) Position the extension tube to a comfortable position. **NOTE:** Extending the tube also lowers the temperature of the steam.
- 8) Slide the variable steam control down for small-sized particles of steam, ideal when inhaling steam through the nose. Slide the control upward for larger-size particles, ideal when inhaling through the mouth.
- 9) Plug the power cord into a working outlet. Turn the POWER switch to the 'ON' position by gently rotating the wheel on the switch.
- 10) Start your treatment.
- 11) The steam inhaler will begin to output steam in approximately 60 seconds. Once the steam becomes weak (approximately 6-9 minutes), turn the POWER switch to the 'OFF' position and unplug the power cord from the outlet.
- 12) **Allow unit to completely cool.** Pour out any remaining solution in the aromatherapy/drain tank. Follow the cleaning procedures provided in the Steam Inhaler Guidebook.

Product Identification



WARNING: DO NOT FILL AROMATHERAPY/ DRAIN TANK WITH CREAMS, GELS OR OINTMENTS. THESE TYPES OF PRODUCTS CAN CAUSE DAMAGE TO THE STEAM INHALER UNIT.

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TROUBLESHOOTING:

Power Lamp/Light is NOT Illuminated

- Check that the power cord is connected to a working outlet.
- Check that the power switch is in the ON position. An orange light should be visible from the front of the unit.
- Make sure the internal water heater tank is filled to the proper level.

Little or NO Steam Output

- Check that the power is connected and the switch is in the ON position.
- Check the water level in the internal water heater tank. **Fill ONLY to the lowest line in the tank. DO NOT OVERFILL.**
- Check that there is saline or aromatherapy water in the aromatherapy tank (if applicable) and suction tube is in proper position.
- Clean the steam nozzle.

Water is Leaking

- Check that the water in the aromatherapy tank is NOT overfilled and is at the proper level.
- Make sure the unit is on a flat surface and is NOT tilted.

Steam is Leaking

- Ensure the lid on the internal water heater tank is firmly closed.
- Make sure that the cover is firmly locked in place and the mask is seated firmly on the extension tube.

AFTER EVERY USE:

- 1) Unplug the unit from the power source.
- 2) Allow the unit to completely cool (approximately 10 minutes).
- 3) Carefully remove the aromatherapy/drain tank and pour out any remaining water.
- 4) Follow the cleaning procedures provided in the Steam Inhaler Guidebook.

**If you have any questions or experience difficulties, please contact us
for further assistance at Service@LiveHealthSmart.com**