

Meet Your Wellness Advisor

ARCADIA
ABROAD

Study abroad is an incredible opportunity and to help you maximize your experience, Arcadia Abroad's Health & Safety team is here to help you manage your wellness. Whether you are currently managing a condition, need to explore mental health support services, or are unsure of what healthcare will look like for you in your host country, we're here to help!

We'll email you lots of information pre-departure and you'll see our health and safety modules in your virtual orientations, but if you have more questions or need personal guidance, you should connect with your Wellness Advisor.



Programs in Italy, Scotland, Spain, Australia, & Arcadia University Preview/GFS courses

Jenna Hart

Global Care & Wellness Advisor

To connect with Jenna, email hartj@arcadia.edu or [schedule a meeting](#).



Programs in Ireland, Northern Ireland, England, Wales, & New Zealand.

Charlene Grauer

Assistant Director of Health, Safety, and Security

To connect with Charlene, email grauerc@arcadia.edu or [schedule a meeting](#).



Student Life – All Programs

Alisha Divis

Assistant Director of Student Life

Supports students that require accommodations outside of standard program offerings, including students who use mobility aids or have needs that are met by ADA provisions.

To connect with Alisha, email divisa@arcadia.edu or [schedule a meeting](#).